

A GLANCE AT LENNON-SENEY

MARCH 2007

VOLUME 1, ISSUE 1

Church Calendar for the Month

- March is Women's History Month
- Tutoring - Tuesday, 6:30 pm
- Bible Study - Wednesday, 6:00 pm
- Men of Praise Rehearsal, - Wednesday, 7:00 pm
- Girl Scouts - 2nd Saturday of each month, 12:30 pm
- March 2 - World Day of Prayer (Church St. UMC) at Fountain City UMC, 212 Hotel Ave., 10:30 am
- March 4 - 2nd Sunday in Lent
- March 5 - Church Council Mtg 7:00 pm
- March 8 - Thomas Dixon Mission Meeting, 10:00 am
- March 10 - Men's Ministry
- March 11 - 3rd Sunday in Lent Meeting, Fellowship Hall
- March 17, Women's Ministry Mtg
- March 18th 4th Sunday in Lent
- March 25 - 5th Sunday in Lent
- March 26 - Board of Trustees Mtg, 7:00 pm
- March 27 - Committee on Finance Mtg, 7:00 pm

March Birthdays

Beal Bourne
William Bryant
Dorothy Cochran
Pamela Johnson
Anderson Sales, Jr.
Vicky Mallory
Ara Sharp
Victoria Woods
George Staffney, III
Frederick Evans

If you would like to have an event or announcement appear in the newsletter, please e-mail information to LeRoyce Bailey at leroyce@bellouth.net or Cedric Jackson at Yoda1914@aol.com



From the Pastor's Desk



Bishop Daniel Wandabula & Dr. McKee
Destination Sudan

In a few days I will depart for mission service in Yei, Sudan (Africa). The Holston Conference Sudan Hope 2 Mission Team will provide medical care and a variety of ministry services to the church and people of southern Sudan. As a member of the mission team I have been charged with the responsibility to preach and conduct clergy training on the United Methodist Doctrine, Policy and Theology. In addition, I will serve as the team's prayer advocate. History is in the making, because I will be the first African-American clergy member of the United Methodist Church to participate in a mission initiative in the Sudan. This is all very humbling to me. But most of all, I recognize that God has blessed me with a marvelous opportunity for ministry and spiritual growth. I solicit your prayers for the mission team as we seek to do God's will.

Prayer Advocacy

We are now in the midst of the *Season of Lent* which is a forty day period beginning on *Ash Wednesday* and ends on *Holy Saturday*. The term *Lent* comes from the Anglo-Saxon word *lencten*, which means "spring". Lent began as a period of fasting and preparation for baptism by converts and then became a time for penance by all Christians. It is during the *Season of Lent* that we are reminded that Jesus spent forty days and nights struggling with Satan in the wilderness. In the spirit of the season and in preparation for Easter, I invite you to embark upon your own personal spiritual journey through forty days of prayer and fasting.

Mrs. Charlotte B. McKee
Prayer Advocate

Our Prayer List

Please remember to pray for the sick & shut-in!



Mr. William Blakeney
Mrs. Evelyn Brown
Mrs. Lois Butler
Ms. Javelin Duncan & Family
Mr. Roy Gwynn
Mrs. Aurelia Horton
Mr. George Johnson
Mr. William Mapp
Mrs. Patricia Rodgers
Mrs. Ara Sharp
Mrs. Iona Turner
Mrs. Victoria Woods

Lennon-Seney Needs You!



Please consider serving as a volunteer for:

The JustLead Youth Project (elementary-middle/high, high school students)

Opportunities for Service Include:

- Recreational
- Spiritual/Faith
- Sharing/Devotional
- Safety/Behavior/CPR
- Relational/Mentoring
- Leadership/Social Skills
- Academic/Tutoring

For more details contact:
Cedric Jackson or Gary Johnson



Van Drivers

Church van driver for the month:
Dennis Johnson
705-5039

Words of Inspiration for March!

When I become
Impatient with
someone,
I have to think,
"Watch yourself."
That's a child of God."
MAYA ANGELOU

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Open hearts
Open minds
Open doors

We're on the Web!

See us at:

www.lennon-seney.holston.org

Girl Scouts News



Girl Scout Investiture ceremony will be held on March 18th in 11:00 am Worship Service.

Also, cookies will be available after March 2nd.

Girl Scouts Cookie Booth sales are scheduled for March 10th at K-mart, Broadway and also at Lennon-Seney from 1 to 3 pm. The girls will also have a booth on March 19th at Wal-mart, East Town from 1 to 3 pm.

Please come out and support our Girl Scouts!



Madison Whitehead will celebrate her 11th birthday on Feb 21st. Madison is the daughter of James and Tonia Whitehead and the granddaughter of Heiskel and Bee Hamilton. Madison lives in Sterrett, AL, is home-schooled and in the 6th grade. Her favorite subjects are science and spelling. Madison's hobbies include riding her pony "Shorty" attending her 4-H club, and playing videos games on the computer.

Congratulations to Zanetta Mason for making the Dean's List, her first semester at Tennessee State University, Nashville. Zanetta graduated from Farragut High School - Class of 2006. She is the daughter of Marion Mallory, and granddaughter of Vicki Mallory.

Congratulations to Rochelle Matthews for submitting the "winning" name for the Newsletter!

Rochelle has won a \$25.00 gift certificate to Wal-mart. When asked what made her come up with this name, Rochelle responded with... "A lot of things go on inside our church that people don't realize. We have a lot of ministries, we are reaching out to the community & we are growing, slowly but surely."

Lennon-Seney United Methodist Church is blessed with three choirs:

- The Chancel Choir is under the direction of Ms. Rhonda Mostella. The Chancel Choir sings every 1st & 3rd Sunday. Rehearsal is held every Thursday at 7:00 pm in the fellowship hall. The Chancel Choir will soon be traveling to various nursing homes to spread the word through song.
- The Men of Praise is under the direction of Mr. Ronnie Brabson. They are currently celebrating their 2nd year. On March 18 at 4:00 pm they will hold their Anniversary program. The program will include Mr. Harold Agnew, The New Travelers, Anointed Praise, and from the Big Stone Gap Virginia "New Beginnings." The Men of Praise have had many engagements in the past which include singing in the Annual Conference at Lake Junaluska. The choir sings every second Sunday. Rehearsals are held on the last Wednesday and the first Wednesday of each month at 7:00 pm in the sanctuary.
- The Youth Choir is under the direction of Ms. Ronda Mostella. This talented group of young people presented their 1st Christmas play this past season entitled "It All Happened in the Country." The Youth Choir sings every fourth Sunday, rehearsal is held after morning service in the Sanctuary. They participated in various community events throughout the year including "Jesus in the Park."

The choirs come together on a quarterly basis for fun and fellowship. We cordially invite you to become a member of the choir!

Pathways to Wellness
(For Your Health)
From:

Parish Nurse - Lois Johnson



What is Wellness?

It's more than just not being sick - it's a positive State of Health. Wellness means taking responsibility for your own health by:

1. Learning how to stay healthy.
2. Practicing good health habits and giving up harmful ones.
3. Responding to our body's warning signs before something serious happens.

Wellness evolves the health of the whole person. The Body and Soul must be kept strong, fit and well nourished, so it's able to resist disease and overcome injury. The mind and spirit are important too. A positive attitude helps a person to combat stress and tension. Strong spiritual and mental health will also help to decrease stress in your life. Undo stress can lead to anxiety, depression, and tension.

Try meditation, deep breathing, exercising, listening to music or even going for a walk to reduce stress. When you learn and practice wellness you can enjoy life to the fullest.

Your Health Is In Your Hands!

