

A GLANCE AT LENNON-SENEY

JUNE 2007

VOLUME 1, ISSUE 4

Church Calendar for June

- Bible Study - Tuesday, 6pm
- June 3 - High School Graduates Celebration
- Youth Choir rehearsal - Sunday 3, 10, 17, 24
- June 4 - Church Council Meeting 7pm
- June 6 (27th) - 7pm, Men of Praise Rehearsal
- June 7 - 7pm - Chancel Choir Rehearsal (14th, 21st, 28th)
- June 7 - Thomas Dixon Mission 10am
- June 9 - UM Men's Fellowship 9am
- June 16 - UM Women's Mission 11am
- June 23 - Vacation Bible School 9a.m. - 4:40 p.m
- June 25th - Board of Trustees - 7pm
- June 26th - Committee on Finance 7pm
- June 30th - Saturday - Sr. Citizens Lunch/Brunch @ 12:00 RRSV to Carolyn and Howard Hollingsworth @ 522-4581 no later than Wednesday 6/27/07.

June Birthdays

Maxine Cade
William Bourne
Headricks Johnson
Jameica Johnson
Ashley Lofton
Jennifer Matthews
Tanquilla Matthews
Tommy Steele
Sammie Wright

If you would like to have an event or announcement appear in the newsletter, please e-mail information to LeRoyce Bailey at lroyceb@bellsouth.net or Cedric Jackson at Yoda1914@aol.com



Sunday School
9:45 am
Morning Worship
11:00 am

From the Pastor's Desk



"Study to show yourself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth". 2 Timothy 2:15 (KJV)

The Apostle Paul challenges all believers, and especially church leaders to study the *Word of God*. The command to study means give diligence and be zealous. Studying to show oneself approved is an act of worship and involves a total effort of mind, emotion and will. Just as Paul appealed to Timothy, I also appeal to church leaders and members to participate in the Lennon-Seney Christian Education program which includes Sunday School and Bible Study. There are many benefits of studying the Word of God, a few include: Enhanced understanding of the Scriptures; Spiritual growth; and the development of a closer walk with God. Peace



Article from the Prayer Advocate:

"Pray without ceasing." 1 Thessalonians 5:17

What is praying without ceasing? Noted Christian author Evelyn Christenson states that praying without ceasing involves turning the dial of our communication system with God to on, making possible a two-way conversation with Him at any time. It is *Good News* to know that we can have a talk with God, anytime and anywhere. Peace of mind, encouragement, guidance and spiritual strength is just a prayer away.

*Mrs. Charlotte B. McKee
Prayer Advocacy*



Van Drivers

Church van driver for the month of June:

Dennis Johnson
579-5093

Lennon-Seney Needs You!



Please consider serving as a volunteer for:

The JustLead Youth Project (elementary-middle/high, high school students)

Opportunities for Service Include:

- Recreational
- Devotional
- Small Groups
- Field Trips
- Relational/Mentoring
- Supplies Donation
- Academic/Tutoring

For more details contact:
Cedric Jackson or Gary Johnson

Our Prayer List

Please remember to pray for the sick & shut-in!



Mr. William Blakeney
Mrs. Evelyn Brown
Mrs. Lois Butler
Mr. Roy Gwynn
Mrs. Aurelia Horton
Mr. George Johnson
Ms. Mary J. Lovely
Mr. William Mapp
Mrs. Audrey McGhee
Mrs. Dorothy Netherland
Mrs. Ara Sharp
Mr. James Taylor
Mrs. Victoria Woods



**Lennon-Seney
United Methodist
Church**

2084 Dandridge Ave.
Knoxville, TN 37915

Phone:
524-0289

Fax:
637-9482

E-Mail:
lsumc_office@bellsouth.net



Open hearts
Open minds
Open doors

We're on the Web!

See us at:

www.lennon-seney.holston.org

Accepting Applications

The JustLead program at Lennon-Seney is now accepting enrollment applications for youth aged 6 to 17. The program will start June 4th and go through the July 20th. The program includes tutorial assistance, academic enrichment, and devotional services throughout the week. The youth enrolled in the program will also be paired with mentors and go on group field trips. The fee for the summer is \$30. If you are interested in having your child participate in this program, please contact Cedric Jackson at 524-0289 or (336) 209-3550

Phone Tree

The Men of Lennon-Seney will be acquiring a phone tree, for the entire church. This device will be used to remind persons who serve on committees or groups, when they are supposed to meet. It will also to notify members of meetings, worship service, or events being cancelled. It is an automated device that will be operated by the chair or coordinator of each group. For more information about the phone tree, please see any of the men.

Congratulations Seniors!

Congratulations, graduating high school seniors! Seniors that have recently graduated are Kayla Clark, Christopher Conner, Joshua Hollingsworth, Jamecia Johnson, and Ashley Lofton. Good luck and may God continue to bless you, in your future plans.

Focus on Men's Health

The Men of Lennon-Seney would like to invite Men everywhere to be a part of Men's Focus on Health on Saturday July 14th. There will be doctors speaking to men about health issues that they face. This event will start at 9:30am, and will be held at Lennon-Seney. Please come out to this very informative event

FOR YOUR HEALTH

**Do the Good Die Young?
From:
Parish Nurse - Lois Johnson**



"Our soul waiteth for the Lord: He is our help and our shield."

Psalms 33:20

Your Health Is In Your Hands!

African-Americans die younger than Whites, have more days of disability, and live less healthy lives. Those are the hard facts. Here are some more tips about how to change your life for the better, live longer and healthier, and change statistics in the bargain:

1. Reduce your stress level. This doesn't mean not working hard. Hard work is good. It means learning how to check your worry and fret over things.
2. If you don't like your job or other aspects of your life, change them. There are thirteen solutions to every problem.
3. Learn more skills or improve the ones you have. That increases your options. Become indispensable.
4. Keep yourself and your family healthy. Healthy people are happier and more prosperous. Poor health is costly, inconvenient, painful and deadly. Only one out of three African-Americans regards his or her health as good.
5. Get as much education as you can. Knowledge truly is power. Three times as many African Americans as White Americans have less than a high school education. Only 13 percent of African Americans complete college whereas 70 percent of Whites and 43 percent of Asians finish college.
6. Learn how to resolve conflicts in a way that feels right to both parties. Don't get involved in arguments. Arguments often make enemies.
7. Don't smoke.
8. Drink less alcohol. The rate of liver disease is twice as frequent in African American men than in the general population.
9. Exercise more. Long walks not only help you lose weight, but also lower your stress, and, for good measure, help prevent your arteries from being clogged.
10. Obey the rules, if only because not doing so causes stress. Maybe, you've been getting away with speeding or running stop signs for a while. But you only need to get caught once. That's going to cost you not only money and time, but hassles, inconvenience-and high stress. That's a big price to pay for breaking rules that make sense when you think about them. We spend far too much money on legal fees and fines, and too much time in stress we'd be smarter to avoid.
11. Eat sensibly. Generally, avoid sugar, alcohol, and fats. Take those away, and the rest is likely good for you.

REMEMBER:

Your Health Is In Your Hands!!!

